

## Where to go for free food

## Islington

Organisation	Address	Opening times	Access Conditions
<b>St Mary Magdalene Church</b> (Food/non-perishable/local café vouchers)	Holloway Road N7 8LT	Tuesdays and Thursdays	N/A
<b>FoodCycle</b> (Cooked food)	11 Southwood Smith Street, N1 0YL	1pm Wednesday	N/A
<b>Islington Foodbank</b> (Food/Non-perishable)	3 Aztec Row, Berners Road, N1 0PW, Angel/ Islington  71 Ronalds Road, N5 1XB	Monday 2pm-5pm Saturday 2pm-5pm	* Note below
<b>St John the Evangelist</b> (Soup/Sandwiches)	39 Duncan Terrace, N1 8AL	Tuesday-Saturday 12.30-1.30pm	N/A
<b>The Manna Project</b> (Cooked meal)	St. Stephens Church, 17 Canenbury Rd, N1 2DF	Tuesday 7-9pm, Wednesday 1-3pm	N/A
<b>All Saints Church</b> (Free breakfasts)	All Saints Church, Carnegie Street, N1 9QW	Tue and Thu 10-12am	Over 16
<b>St John The Evangelist Church</b> (Soup, sandwiches and tea)	39 Duncan Terrace, N1 8AL	Tue-Fri 12.30pm-1.30pm, Sat 12.15pm-1.30pm, Sun 3pm-5pm	For homeless people, 18 and over
<b>Women at the well</b> (Non Perishable/Food Parcel)	54-55 Birkenhead Street, London, WC1H 8BB	Tuesday-Thursday 12-4pm	Women NB- assist female sex workers
<b>Drovers Day Centre North Road</b> (Cooked meal)	19 North Road , N7 9EY, Islington	Mon-Thurs 12-1.30 Fri 10-1.30-1.30pm	Live in the area and are 60yrs +
<b>Muswell Hill Churches Soup Kitchen</b> (two course meal)	Muswell Hill Baptist Church, 2 Dukes Avenue, N10 2PT	Sun-Thu 7.45-8.30	More information: <a href="http://mhbc.org.uk/soup-kitchen/">http://mhbc.org.uk/soup-kitchen/</a>
<b>Connect – Help on your doorstep offices</b>	<b>Archway Connect</b> 30 Cathcart Hill, N19 5QN; 020 7272 7196  <b>Finsbury Park Connect</b> Durham Road Community Rooms, Under 32-43 Bolton Walk, Durham Road, N7 7RW; 020 7281 9542  <b>Canonbury Connect</b> Walter Sickert Community Centre, Canonbury Crescent, N1 2FB; 020 7288 7242  <b>Caledonian Connect</b> Hugh Cubitt Centre, 48 Collier Street, London, N1 9QZ; 020 7837 0056  <b>EC1 Connect</b> St Lukes Centre, 90 Central Street, EC1V 8AG; 020 3142 5064		Provide vouchers for food at foodbanks; <b>The way it works:</b> 1) Call local connect office to let them know that they need voucher for food 2) Connect office will invite to an appointment 3) If local office is fully booked, they can refer to other connect offices for appointment 4) The food vouchers will be given at the appointment

\* By referral only: GP, Jobcentre, CAB, Social Services, Help on Your Doorstep, selected local authorities

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## Other Locations

<b>Food For All</b> (Cooked Meal)	SOAS campus, Thornhaugh Street, Russell Square, London WC1H 0XG;	Monday-Saturday 12.30-2pm	N/A
<b>Hare Krishna</b> (Cooked Meal)	Kings Cross York Way next to train station.	Monday-Saturday 2-2.30pm	N/A
<b>Aslan</b> (Tea Run)	Waterloo, St John	Saturday 7.30am	N/A
<b>240 Project</b> (Cooked Meal)	240 Lancaster Road, London, W11 4AH	Monday- Wednesday, 11am- 4pm	N/A
<b>Cardinal Hume Centre</b> (Soup/Sandwiches)	3-7 Arneway Street, Horseferry Road, London, SW1P 2BG	Monday-Thursday 9am-4pm, Friday 12:30pm	N/A
<b>Christian Kitchen</b> (Soup/Sandwiches)	Mission Grove Car Park near the market, Walthamstow Greater London E17 7QP	Monday-Sunday 7.30pm	N/A
<b>The American Church In London</b> (Cooked Meal)	79A Tottenham Court Road, W1T4TD, BACK ENTRANCE of church	Monday, Tuesday, Thursday-Saturday 10am-12pm	N/A
<b>Emmanuel Church Stratford</b> (Cooked Meal)	Romford Road, Forest Gate, London E78BD	Thursday 8-10am	N/A
<b>Good Samaria Network</b> (Cooked Meal)	King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN	Sunday and Monday 5.30- 7.30pm	N/A
<b>Streetlytes</b> (Cooked Meal)	King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN	Tuesday 6-9pm	N/A
<b>Khaniqahi Nimatallahi</b> (Cooked Meal)	King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN	Wednesday 6-8pm	N/A
<b>First Steps</b> (Cooked Meal)	King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN	Thursday 8.30- 10pm	N/A
<b>Lighthouse Chapel International</b> (Soup/Sandwiches)	King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN	Friday 8.30pm	N/A
<b>Highway of holiness</b> (Cooked Meal)	8, Fountayne Rd, N15 4QL	Daily	N/A
<b>Holy Apostles Church</b> (Cooked Meal)	47 Cumberland street, SW1V 4LY	December-March only on a thursday	N/A
<b>Imperial College Community Action Group</b> (Soup/Sandwiches)	Lincoln's Inn Fields WC2A 3JW	Sunday 8pm	N/A
<b>New Horizon Youth Centre</b> (Cooked Meal)	68 Charlton Street, London NW1 1JR	Daily 1-2pm	N/A
<b>Upper Room</b> (Cooked Meal)	St Saviours, Wendell Park, London, W12 9LN	Mon-Fri 5.30- 6.45pm	N/A
<b>North London Action for the Homeless</b> (Vegetarian cooked meal)	St Paul's Church Hall, Stoke Newington Road N16 7UE	Mon 12-1:30pm Wed 7-8:30pm	N/A
<b>TAB Centre</b> (Free Cooked & Cold Food)	18-20, Hackney Rd, E2 7NS	Thu 8-10pm Fri 9am-12pm	N/A